Kids' Corner Breakfast and Snack Menu

(over 2 years)

Monday	Tuesday	Wednesday	Thursday	Friday
Rice Krispies with 1%	Yogurt, ½ banana and	Kix Cereal with 1% Milk/	Chex Cereal with 1%	Cinnamon Toast on Whole
Milk/ 100% Juice	Graham Crackers/1% Milk	100% Juice	Milk/100% Juice	Wheat Bread with Fruit and 1% Milk
Cheez-Its and 1% Milk	Whole Grain Club	1 Peanut Butter and Jelly	Animal Crackers with	
	Crackers with Fruit and Water	Sandwich on Whole Wheat Bread with 1% Milk	Applesauce and 1% Milk	Apples and Peanut Butter with Water
Life Cereal with 1% Milk	Muffins with Fruit and 1%	Cheerios Cereal with 1%	Honeycomb Cereal with	Waffles with Fruit and 1%
and 100% Juice	Milk	Milk and 100% Juice	1% Milk and 100% Juice	Milk
Popcorn with Fruit and Water	Vanilla Wafers with Fruit and 1% Milk	Saltines with Peanut Butter and Water	Snack Mix and 1% Milk	Granola Bar with Fruit and Milk
Rice Krispies with 1%	French Toast Sticks with	Kix Cereal with 1% Milk/	Chex Cereal with 1%	Peanut Butter Toast on
Milk/ 100% Juice	Fruit and 1% Milk	100% Juice	Milk/100% Juice	Whole Wheat Bread with 1% Wilk
Pretzels with Raisins with	1 Peanut Butter and Jelly	Yogurt with Graham	Whole Grain Ritz Crackers	
Water	Sandwich on Whole Wheat Bread/1% Milk	Crackers with Water	with Cheese and Water	½ Banana with Pudding and 1% Milk
Life Cereal with 1%% Milk	Cereal Bar with Fruit and	Cheerios Cereal with 1%	Honeycomb Cereal with	Pancakes with Fruit and
and 100% Juice	1% Milk	Milk and 100% Juice	1% Milk and 100% Juice	1% Milk
Snack Mix with 1% Milk	Whole Grain Ritz Crackers with String Cheese and Water	Graham Crackers with Applesauce and Water	Goldfish Crackers with Fruit and Water	Wheat thins with Lunch Meat and Water